#1 MAY
$0.00 FREE
RYDER
THE REMARKABLE CYCLIST

I ♡ MY BIKE

SCAVENGER HUNT CHALLENGE

I'VE HIDDEN THESE ITEMS THROUGHOUT THIS ACTIVITY BOOK. HOW MANY OF EACH CAN YOU FIND?

Knee Pad

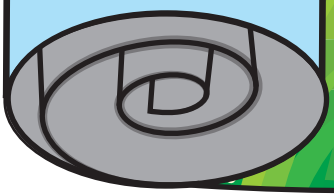
_____

Helmet

_____

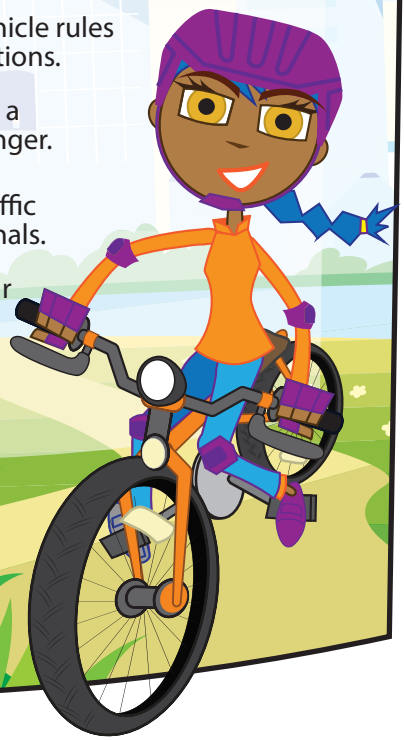
Wheel

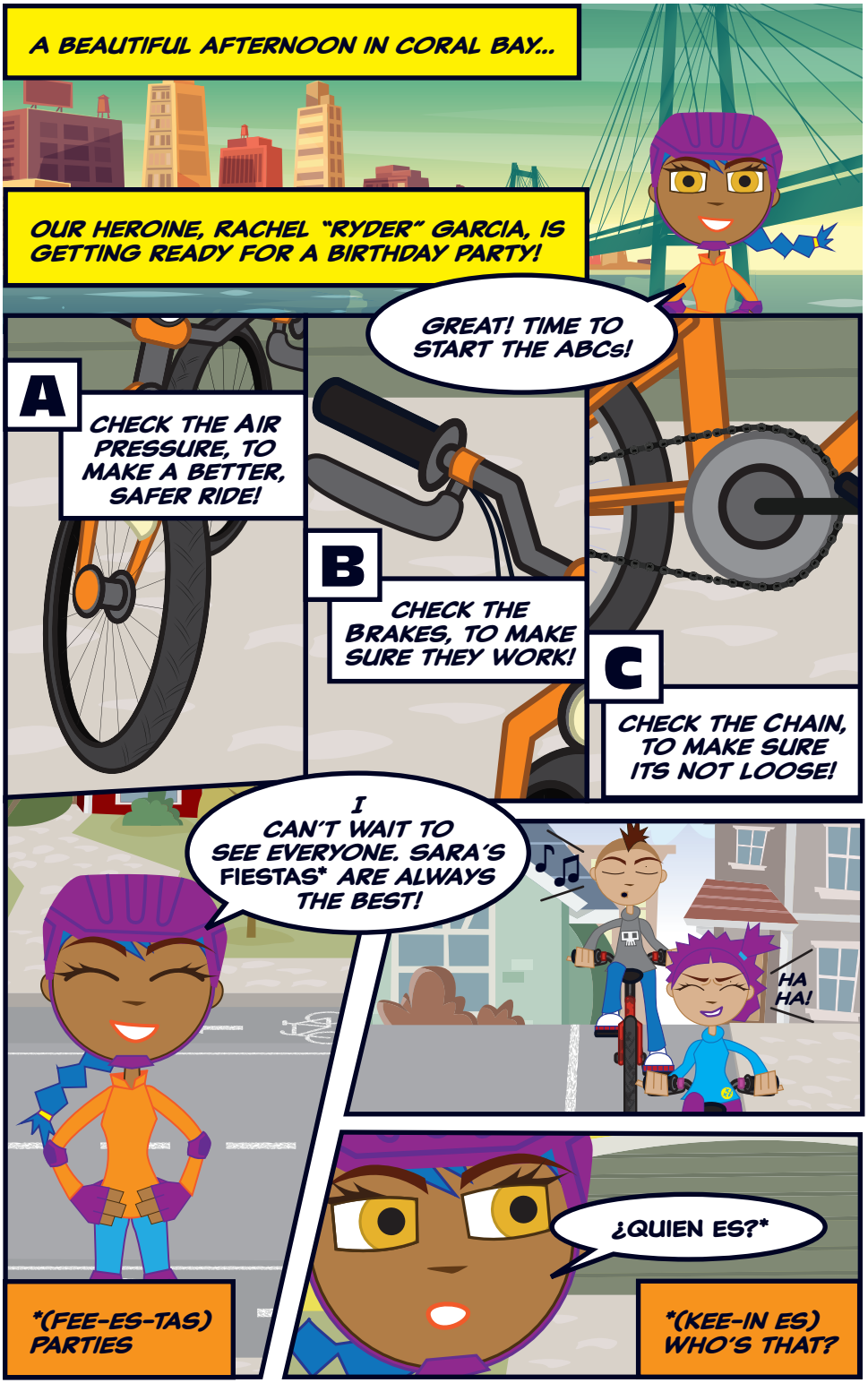
_____

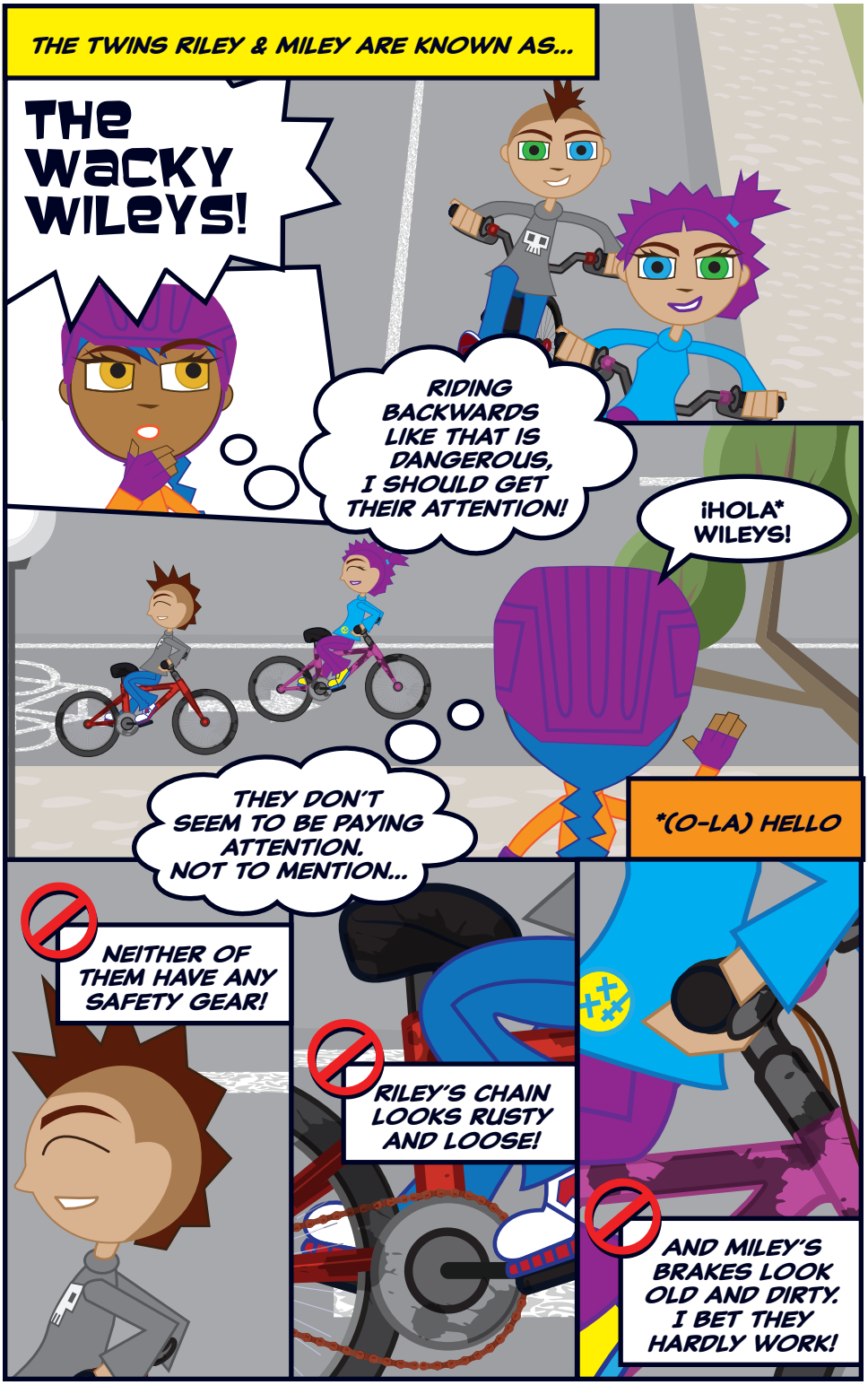


RYDER'S BIKE SAFETY RULES

- Ride during the day and wear light, bright or reflective clothing.
- Stop and check for traffic before entering the roadway.
- Ride on the right, in the same direction as traffic.
- Be cautious around parked cars; watch for opening car doors.
- Use hand signals to communicate your next turn or stop.
- Practice vehicle rules and regulations.
- Never carry a bike passenger.
- Obey all traffic signs & signals.
- Always wear a helmet.




A BEAUTIFUL AFTERNOON IN CORAL BAY...
OUR HEROINE, RACHEL "RYDER" GARCIA, IS GETTING READY FOR A BIRTHDAY PARTY!
GREAT! TIME TO START THE ABCs!
A
CHECK THE AIR PRESSURE, TO MAKE A BETTER, SAFER RIDE!
B
CHECK THE BRAKES, TO MAKE SURE THEY WORK!
C
CHECK THE CHAIN, TO MAKE SURE ITS NOT LOOSE!
I CAN'T WAIT TO SEE EVERYONE. SARA'S FIESTAS* ARE ALWAYS THE BEST!
HA HA!
¿QUIEN ES?*
*(FEE-ES-TAS) PARTIES
*(KEE-IN ES) WHO'S THAT?


THE TWINS RILEY & MILEY ARE KNOWN AS...
THE WACKY WILEYS!
RIDING BACKWARDS LIKE THAT IS DANGEROUS, I SHOULD GET THEIR ATTENTION!
¡HOLA* WILEYS!
*(O-LA) HELLO
THEY DON'T SEEM TO BE PAYING ATTENTION. NOT TO MENTION...
NEITHER OF THEM HAVE ANY SAFETY GEAR!
RILEY'S CHAIN LOOKS RUSTY AND LOOSE!
AND MILEY'S BRAKES LOOK OLD AND DIRTY. I BET THEY HARDLY WORK!

RYDER IS A YOUNG HERO AT ONLY 12 YEARS OLD, BUT SHE CAN'T REMEMBER A TIME SHE WASN'T RIDING A BIKE...

AND SHE HAS LEARNED ENOUGH ABOUT THE SAFETY AND MAINTENANCE OF BIKES TO KNOW THAT THE WILEYS WERE IN TROUBLE...

IF I FOLLOW THEM, I CAN HELP WITH THEIR BIKES...

HUH?

HEY MILEY, ISN'T THAT RYDER FROM DOWN THE STREET?

¡CUIDADO!* YOUR BIKES!

*(KWEE-DAH-DOH) BE CAREFUL

JUST THEN...!

SNAP

WHOA!

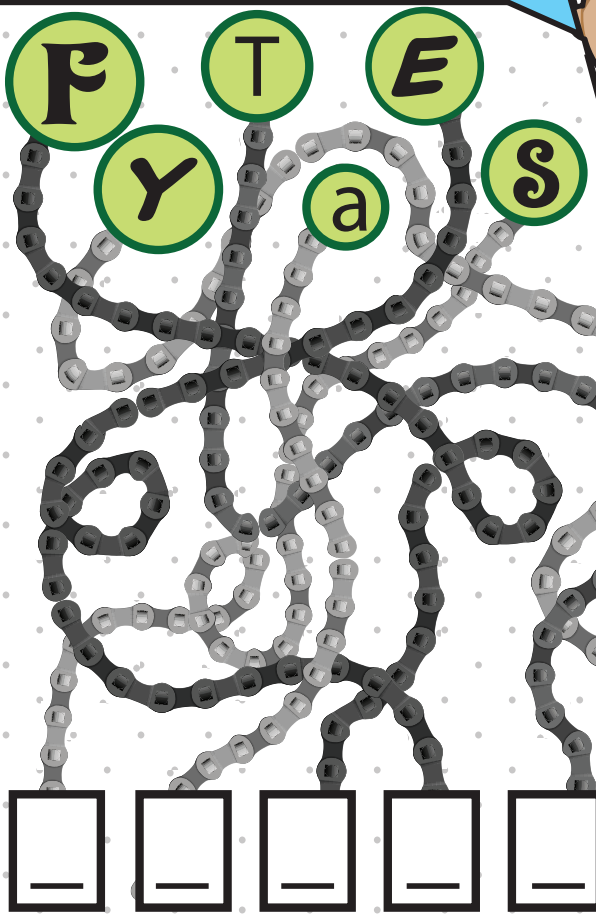
BAM

WITH HIS BIKE CHAIN BROKEN, RILEY LOSES CONTROL...!

AND MILEY FOUND HER BRAKES WERE NOT WORKING!

WITHOUT BEING ABLE TO STOP, MILEY WAS FORCED ON THE SIDEWALK...
BADUMP
BADUMP
BIKE LANE
TOWARDS A NEARBY SIGN!
BUT WITH A TWIST OF HER BIKE HANDLES...
RYDER
THE REMARKABLE CYCLIST
UNLEASHES THE HIDDEN POWER OF HER BIKE!
FWSSSSH
LETTING HER MOVE AS FAST AS LIGHTNING!
BUMP
WHILE AN INVISIBLE SHIELD MAKES ANY OBSTACLE WEIGHTLESS!

FIGURE OUT THE SECRET MESSAGE!
CAN YOU HELP MY SISTER UNTANGLE THE BIKE CHAIN?



_ _ _ _ _ _

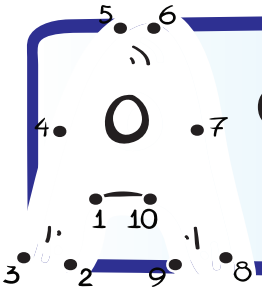
ALWAYS COMES FIRST!

HELMETS ARE A HUGE HELP!

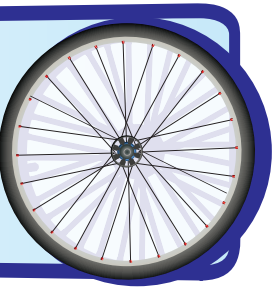
You should always wear a helmet when riding your bike. Helmets the risk the of head injury by an estimated 60% and brain injury by 58%. That's more than half of the time!

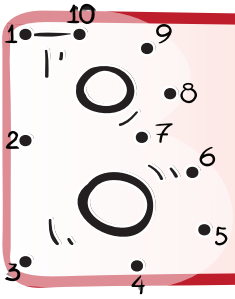
Soft shell or hard shell helmets are usually worn. Hard shell helmets offer the most protection for your next adventure.

ABC'S OF BICYCLE SAFETY

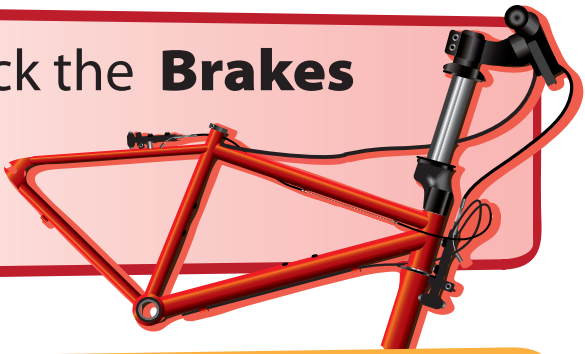


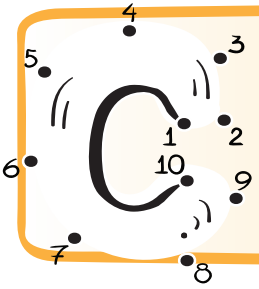
Check your tire **Air pressure**



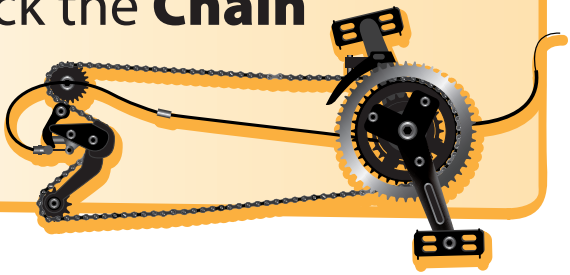


Check the **Brakes**



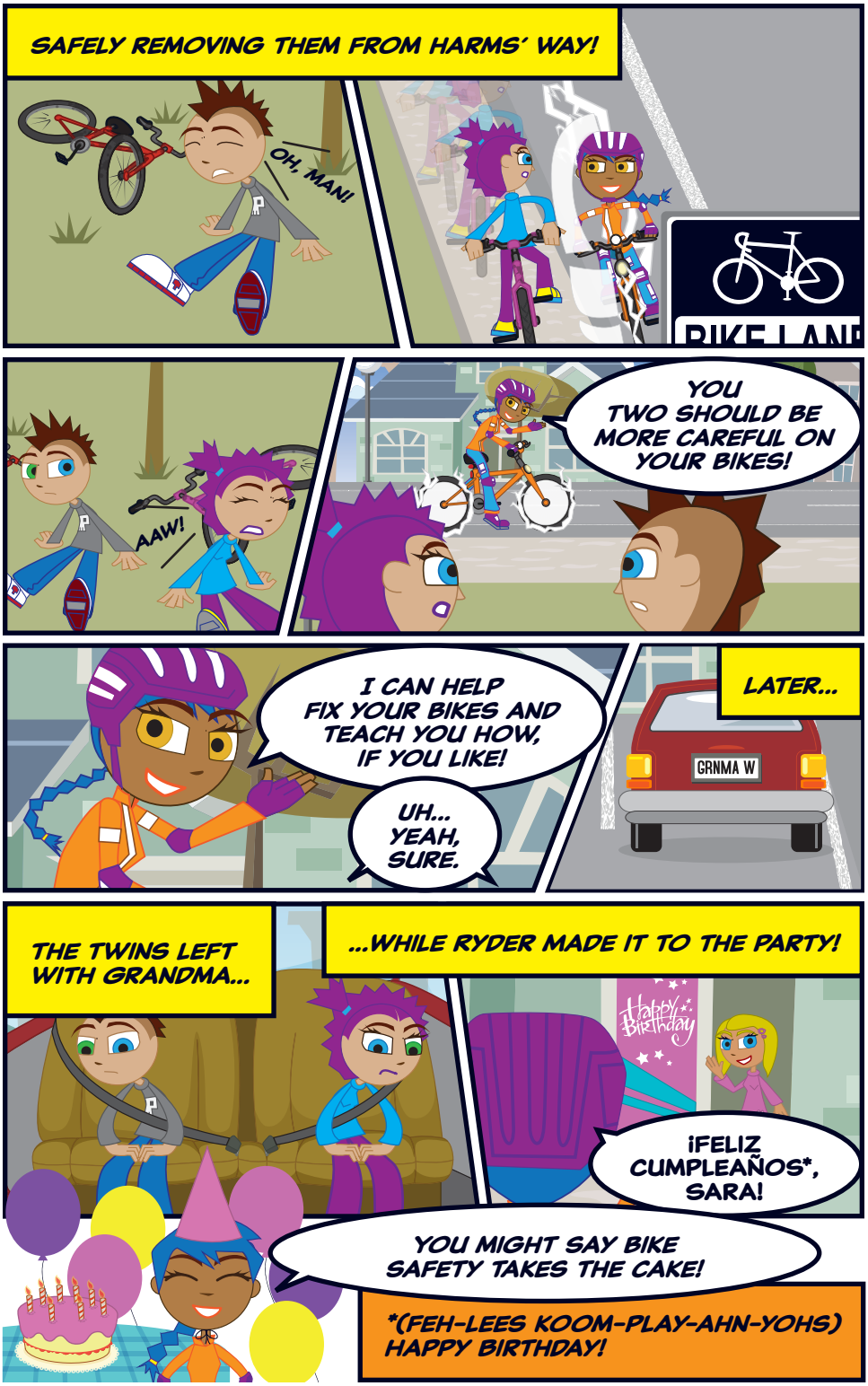


Check the **Chain**



MORE BIKE TIPS!

- Your bike should be equipped with reflectors on the rear, front, pedals and spokes.
- Wear bright clothing and ride dur ing the day.
- If you have to ride at night, wear reflective clothing.
- If you have to ride at night, use a bike light.


SAFELY REMOVING THEM FROM HARMS' WAY!
OH, MAN!
BIKE LANE
AAW!
YOU TWO SHOULD BE MORE CAREFUL ON YOUR BIKES!
I CAN HELP FIX YOUR BIKES AND TEACH YOU HOW, IF YOU LIKE!
UH... YEAH, SURE.
LATER...
GRNMA W
THE TWINS LEFT WITH GRANDMA...
...WHILE RYDER MADE IT TO THE PARTY!
Happy Birthday
¡FELIZ CUMPLEAÑOS*, SARA!
YOU MIGHT SAY BIKE SAFETY TAKES THE CAKE!
*(FEH-LEES KOOM-PLAY-AHN-YOHS) HAPPY BIRTHDAY!

L D H B D H M S S D K Y N M E B U K T Z
H L I K X E B N I A H C L N C Q W H J Y
S Z Z D H G K R M T N T A I X P K Y T H
J R A R H K B K A A V L K T V Z G L J S
Q S O Z A S F U R K E P R Y Z P H N C D
D D W T A V U D H K E N C D Q P U R Q A
Z V G F C E Z D I Q B S I I U U O M T P
T P E V R E Q B N V L Y S H M B B D I E
I T T W I K L V W P X P J E G O I P A E
Y K V K A M L F H I G C B F M U Z W R N
B I C Y C L E W E R U S S E R P R I A K
Z H F G D B N Q L R H D C R E U N Q T S
X H R P N W A U M R L H F Y N U O J X B
X G Q P E C N Z E F P N B B A Q N F B D
P P L Q D F J W T U O Q K Q A K T W P B

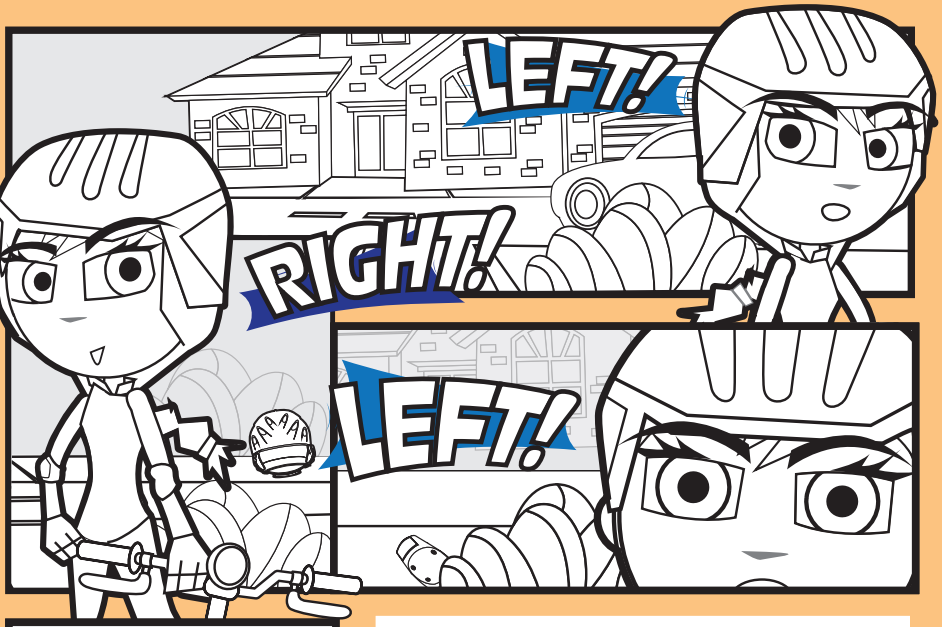
AIR PRESSURE
BICYCLE
BIKE LANE
BRAKES
CHAIN
HELMET
KNEE PADS
REFLECTORS
SAFETY

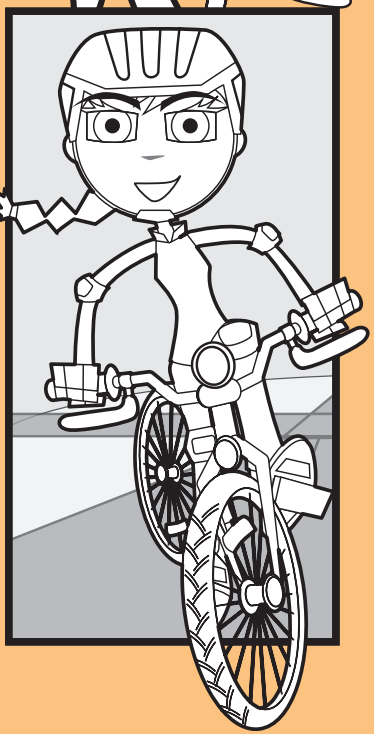
BIKE SAFETY TAKES THE CAKE!

- Learn the traffic laws; cyclists must follow the same rules as motorists.
- Know your bike's capabilities.
- Ride single-file in the direction of traffic
- Watch out for opening car doors and other hazards.
- Use hand signals when turning and extra care at intersections.
- Never hitch onto cars.

CROSSING THE STREET
COLORING PAGE

Before entering traffic, stop and look left, right, left again and over your shoulder.

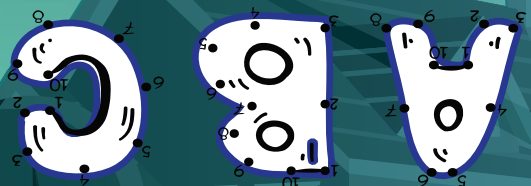




PARENT TIPS

- Bicycles are expected to follow the same rules of the road as motorists and ride in the same direction.
- Watch for vehicles coming out of or turning into driveways.
- Stop at the corners of sidewalks & streets to look for cars.
- Make sure that drivers can see you before crossing.
- Enter a street at a corner & not between parked cars.
- Alert pedestrians that you are near by saying "Passing on your left," "Excuse me," or use a bell or horn.

ANSWER KEY



ALWAYS COMES FIRST!

S	A	F	E	T	Y

+	+	+	+	E	A	E	L	E	K	L	B	+	+	+	+	+	+	+	+
+	+	+	+	N	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
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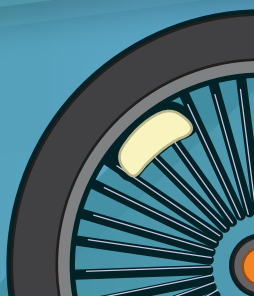
REFERENCES:

www.nsc.org
http://www.nhtsa.gov
www.cycle-helmets.com/elvik.pdf



ALERT TODAY ALIVE TOMORROW

FDOT

SafeRoutes
Florida Safe Routes to School
www.srtsfl.org

FDOT