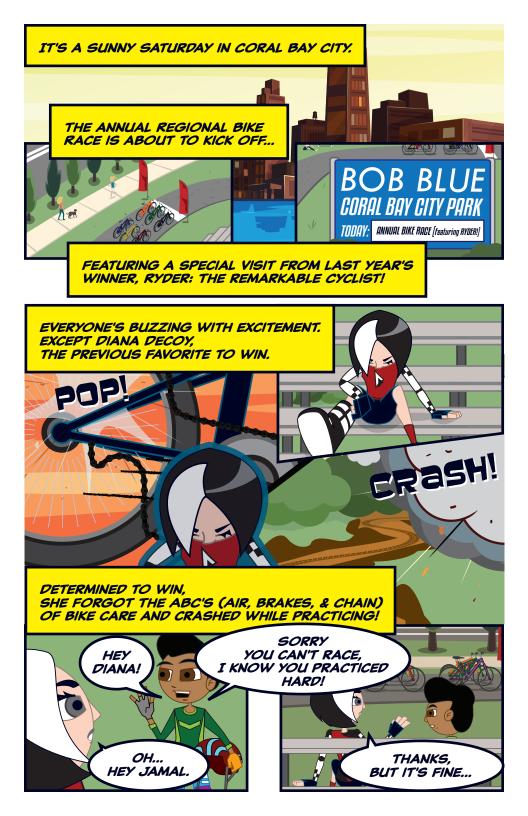


## TIPS FOR RIDING BIKES SAFELY

BEFORE USING YOUR BICYCLE, MAKE SURE TO INSPECT YOUR BIKE SO THAT IT IS READY TO RIDE. REMEMBER TO:

- \* WEAR A BICYCLE HELMET.
- \* CHECK YOUR EQUIPMENT.
- \* AVOID ROAD HAZARDS.
- \* OBEY ALL TRAFFIC LAWS.
- \* LOOK BEFORE TURNING.
- \* YIELD TO TRAFFIC.
- \* WATCH FOR PARKED CARS.
- \* AVOID RIDING AT NIGHT.
- SEE AND BE SEEN.







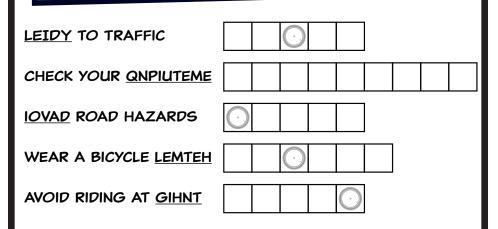


HELP GUIDE THE RIDERS TO THE FINISH LINE. MAKE SURE TO AVOID ALL ROAD HAZARDS ALONG THE WAY.



# **DOUBLE WORD PUZZLE**

CHECK OUT THE RULES ON PAGE 1 TO HELP YOU UNSCRAMBLE EACH OF THE CLUE WORDS. TAKE THE LETTERS THAT APPEAR IN THE BOX WITH A BICYCLE WHEEL AND UNSCRAMBLE THEM TO REVEAL RYDER'S MESSAGE TO YOU.



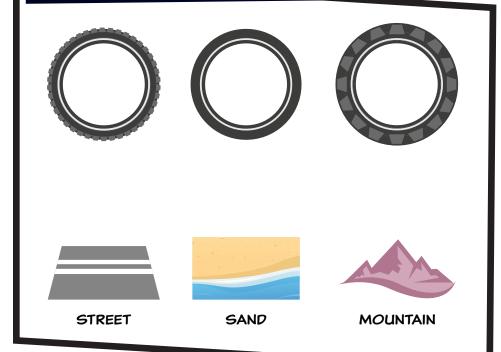




## MATCHING

BEFORE YOU RIDE YOUR BIKE, MAKE SURE YOU HAVE THE PROPER TIRES FOR THE TERRAIN YOU WILL BE RIDING ON. TIRES FOR RIDING IN THE MOUNTAINS ARE DESIGNED FOR OFF-ROAD RIDING AND HAVE A KNOBBY TREAD TO HELP IMPROVE GRIP. SAND TIRES HAVE A THICKER TREAD TO INCREASE CONTACT AREA ON LOOSE GRAVEL OR SAND.

MATCH EACH TYPE OF TIRE TO THE TERRAIN IT BEST SUITS.

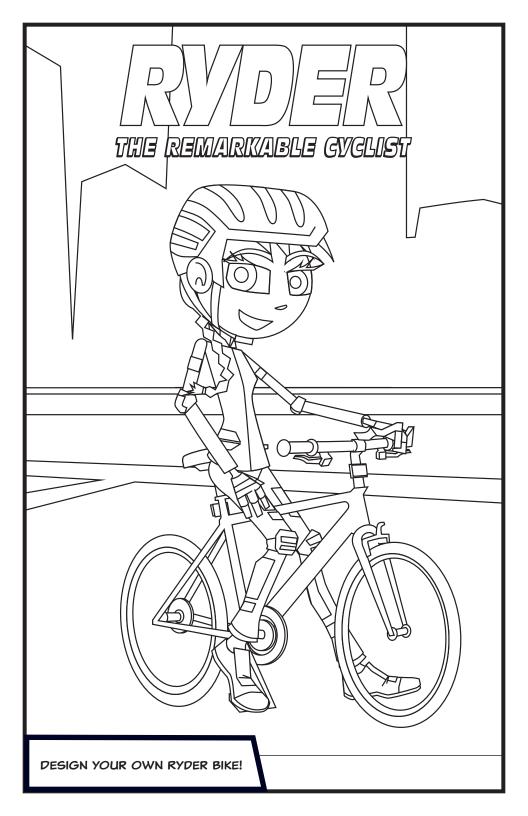


### **ABC's OF BICYCLE SAFETY**

REMEMBER YOUR ABC'S OF BICYCLE SAFETY:

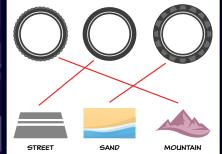
- A. CHECK YOUR TIRE **AIR PRESSURE**, TO MAKE A BETTER, SAFER RIDE.
- B. CHECK THE BRAKES, TO MAKE SURE THEY WORK.
- C. CHECK THE CHAIN, TO MAKE SURE IT'S NOT LOOSE.





### **ANSWER KEY**





Championshi







